

# Release of Information



Client's name: \_\_\_\_\_

Please  
Initial **I authorize Healing Tides Counseling, LLC to:**

- \_\_\_\_ Send  
\_\_\_\_ Receive

Please  
Initial **The following information:**

- \_\_\_\_ Social, medical, or psychological reports  
\_\_\_\_ Medication(s) used in treatment  
\_\_\_\_ Treatment goals and results  
\_\_\_\_ Information about drug and/or alcohol abuse  
\_\_\_\_ Mental health information  
\_\_\_\_ HIV/AIDS related records

**To / From:** \_\_\_\_\_  
(Who is Healing Tides Counseling releasing information to or getting information from?)

- Your relationship to client:**  
 Self  
 Parent/legal guardian  
 Personal representative

Please  
Initial **The above information will be used for the following purposes:**

- \_\_\_\_ Planning appropriate treatment or program  
\_\_\_\_ Coordination of care  
\_\_\_\_ Treatment support

I understand that this information may be protected by Title 42 (Code of Federal Rules of Privacy of Individually Identifiable Health Information, Parts 160 and 164) and Title 45 (Federal Rules of Confidentiality of Alcohol and Drug Abuse Patient Records, Chapter 1, Part 2), plus applicable state laws. I further understand that the information disclosed to the recipient may not be protected under these guidelines if they are not a health care provider covered by state or federal rules.

I understand that this authorization is voluntary, and I may revoke this consent at any time by providing written notice, and after (some states vary, usually 1 year) this consent automatically expires. I have been informed what information will be given, its purpose, and who will receive the information. I understand that I have a right to receive a copy of this authorization. I understand that I have a right to refuse to sign this authorization.

If you are the legal guardian or representative appointed by the court for the client, please attach a copy of this authorization to receive this protected health information.

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Witness:** \_\_\_\_\_

**Witness Date:** \_\_\_\_\_

(if client is unable to sign)